

Model of the ventricle

1. Model of the ventricle developed by Ursino

Pla : Left atrial pressure

MV: Mitral valve

Rla: resistance of MV

AV: Aortic valve

Vlv: Volume of left ventricle

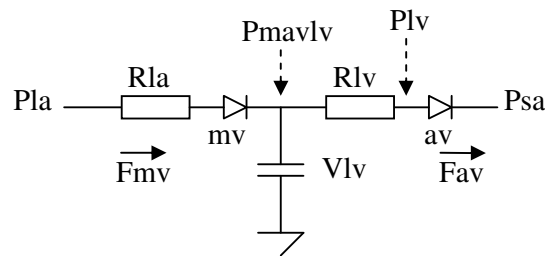
Psa: Aortic pressure

Plv: Ventricular pressure

Pmaxlv: Isometric pressure that can be developed in the left ventricle

Fav = Flow through the aortic valve

Fmv = Flow through the mitral valve



Although Pla and Psa also change during the cardiac cycle, for the purpose of studying the behavior of the ventricle only, we can assume them to be constant at Pla = 7 mmHg and Psa = 95 mmHg.

Rla = 2.5e-3 mmHg.s/ml

In the above model aortic valve resistance is taken as zero.

Rlv is the viscous resistance of the ventricular wall. Thus if Vlv is not changing (isometric condition) then Plv = Pmaxlv, but if the ventricle is emptying then Plv = Pmaxlv - Rlv*Fav. The viscous resistance is not constant however and changes with Pmaxlv as the cardiac

muscle contracts: **$Rlv = Krlv \times P \max lv$ where $Krlv = 3.75 \times 10^{-4} s/ml$.**

Pmaxlv is dependent on the ventricular volume as well as on time, and is given by

$$P \max lv = \phi(t) \times Elv \max \times (Vlv - Vulv) + (1 - \phi(t)) \times Polv \times (e^{Kelv \times Vlv} - 1)$$

where

$$Elv \max = 2.95 mmHg / ml$$

$$Vulv = 16.77 ml$$

$$Polv = 1.5 mmHg$$

$$Kelv = 0.014 ml^{-1}$$

$$\phi(t) = \sin^2\left(\frac{2\pi}{2Tsys}t\right) \text{ for } 0 \leq t \leq Tsys$$

$$= 0 \text{ for } Tsys < t \leq T$$

and repeats after T

where T_{sys} is systole time and T is the total cardiac period (in seconds). T_{sys} decreases with increasing heart rate as

$$T_{sys} = T_{sys0} - \frac{k_{sys}}{T} \text{ with } T_{sys0} = 0.5s \text{ and } k_{sys} = 0.075s^2.$$

$\phi(t)$ represents the activation of the heart muscle and thus models its variable compliance. In fact the first term in the expression of $\phi(t)$ is a linear compliance term where

$\phi(t) \times Elv_{max}$ is one over compliance and V_{ulv} is the unstressed volume of the ventricle.

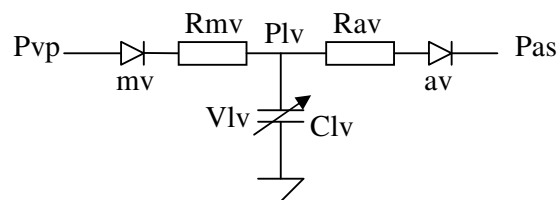
Elv_{max} represents the maximum possible elastance (elastance = 1/compliance). The second term basically represents the passive non-linear elastance property of the ventricular mass during diastole. During systole the first term is dominant and during diastole the second term is dominant.

The parameters given above are for a 70 Kg healthy man and are extracted from human experiments where possible and are extrapolated from dog experiments where needed.

P_{la} is called the preload of the ventricle and P_{sa} is called the afterload of the ventricle. If P_{la} is increased the ventricle fills more during diastole and therefore stroke volume increases. If P_{sa} increases then the ventricle empties against a higher pressure and stroke volume decreases. Of course cardiac output which is stroke volume x heart rate also depends on the heart period T .

2. Another simpler model of the ventricle

In this model the ventricle is modeled as a simple variable compliance. Below is the model for the left ventricle.



Here P_{vp} (pulmonary venous pressure) is the preload of the left ventricle, whereas in the previous model the preload was P_{la} . P_{vp} and P_{la} (left atrial pressure) are not very different anyway. Also R_{av} is the same as R_{lv} of the previous model. R_{av} is the viscous resistance of the left ventricle plus the resistance of the aortic valve, but resistance of the aortic valve is negligible compared to the viscous resistance of the ventricle.

The terms in the model are as follows:

mv , av are mitral, and aortic valves

R_{mv} is the resistance of the mv

R_{av} is combined resistance of aortic valve and left ventricular viscous resistance

P_{as} is systemic arterial pressure, or equivalently aortic pressure

P_{vp} is pulmonary venous pressure which is almost equal to left atrial pressure

Plv is left ventricular pressure
 Vlv is left ventricular volume

Typical values are

$$R_{mv} = 0.004 \text{ mmHg}\cdot\text{sec}/\text{ml}$$

$$R_{av} = 0.06 \text{ mmHg}\cdot\text{sec}/\text{ml}$$

$C_{lv} = 1/S_{lv}$ where S_{lv} is left ventricular stiffness and has the time course

$$S_{lv} = SLD + SLS \times \sin(2\pi t / (2T_s)) \quad \text{for } 0 \leq t \leq T_s$$

$$= SLD \quad \text{for } T_s \leq t \leq T$$

where $SLD = 0.033$

$$SLS = 1.5$$

where t is time and $t = 0$ is the start of systole

T_s is systole time and is 0.3 sec

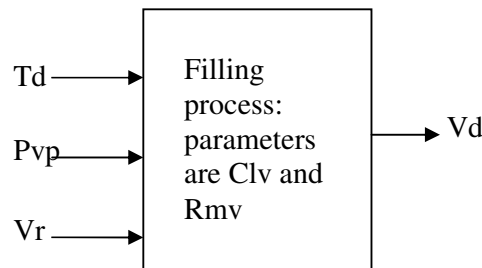
T is heart period and is 0.8 sec

T_d is diastole time and is 0.5 sec.

The ventricle fills with blood during diastole and empties by an amount, V_s , called the stroke volume, during systole. The filling and emptying dynamics of the ventricle can be studied separately.

2.1. The Filling Process

During diastole the mitral valve is open, the aortic valve is closed, and the ventricle fills under the effect of P_{vp} . During diastole the ventricle is a compliance with $C_{lv} = 1/SLD$.



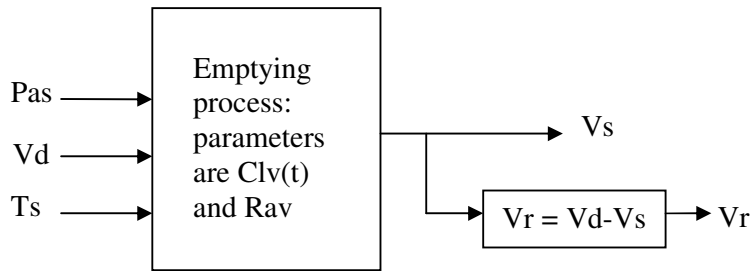
Here V_d is the end-diastolic volume and is the volume arrived at at the end of diastole. V_r is the residual volume which remains in the ventricle at the end of systole, that is, it is the volume of the ventricle at the onset of diastole. Although R_{mv} is defined as the resistance of the mitral valve, it also reflects the resistance of the atrium and the viscous forces of the ventricular mass.

Assuming P_{vp} is constant it is trivial to show that

$$V_{lv}(t) = C_{lv} P_{vp} + (V_r - C_{lv} P_{vp}) e^{-t/R_{mv} C_{lv}} \quad \text{and that } V_d = C_{lv} P_{vp} + (V_r - C_{lv} P_{vp}) e^{-T_d/R_{mv} C_{lv}},$$

where $0 \leq t \leq T_d$ and $t = 0$ is the onset of diastole.

2.2.1. The Emptying Process



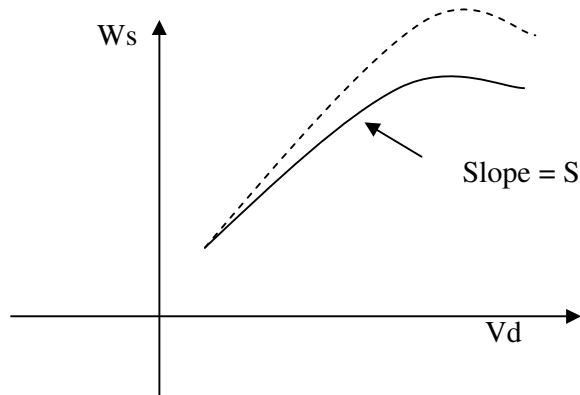
During systole the left ventricle empties against the after-load P_{as} , the opposing force. Also with the onset of systole the compliance C_{lv} begins to decrease and thereby P_{lv} increases. For a short while both valves are closed and this period is called the isovolumic phase during which the ventricle neither fills nor empties. When P_{lv} exceeds P_{as} the aortic valve opens and the ventricle begins to empty. Another isovolumic phase occurs when C_{lv} begins to increase and P_{lv} falls below P_{as} .

During systole since C_{lv} is time varying, the differential equations for P_{lv} and V_{lv} are not simple to solve and a numerical procedure may be used.

Disregarding for the moment the exact time courses of P_{lv} and V_{lv} we may just note that at the end of systole an amount of V_s is ejected, and a volume of V_r is left in the ventricle.

2.2.2. The Frank-Starling Law

Frank and Starling have found experimentally that the useful work done by the ventricle, $W_s = V_s \cdot P_{as}$, has the following dependence



In the increasing portion $W_s = S \cdot V_d$ where S is a constant of proportionality and is called the “cardiac contractility index”, i.e. a measure of the strength of the myocardium. It is known that the hormone “norepinephrine” increases s so that the dotted line in the figure is obtained.

Thus the emptying function can be written as

$$W_s = P_{as} \cdot V_s = S \cdot V_d$$

and that

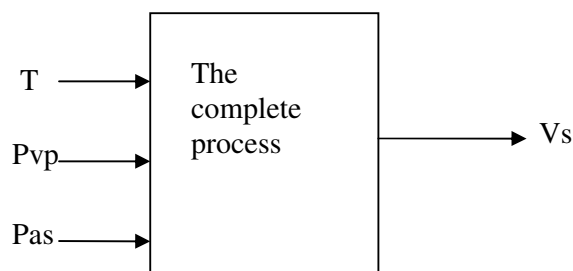
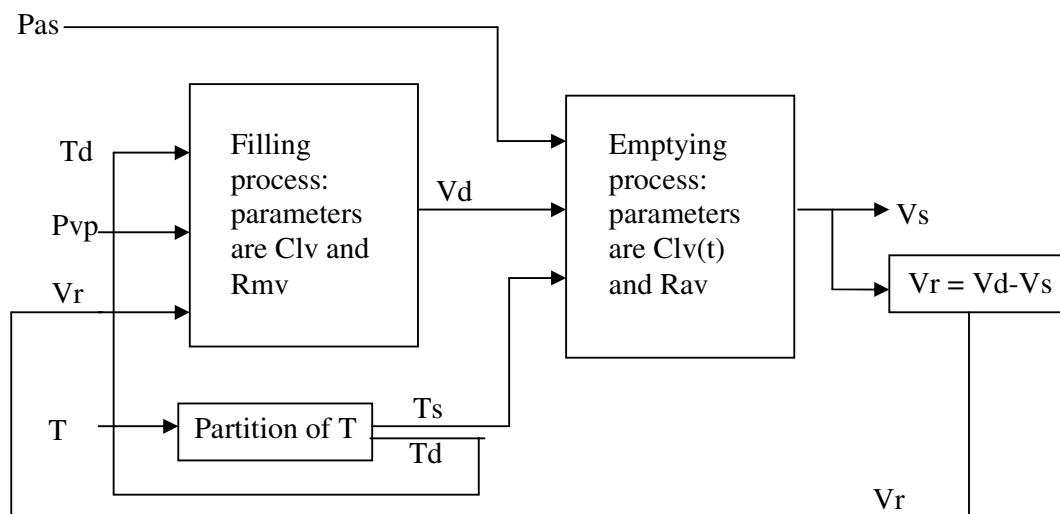
$$V_s = S \frac{V_d}{P_{as}} \quad \text{Frank-Starling Law}$$

Thus the heart empties out a larger stroke volume if it has been filled more, and also if the after-load, p_{as} , is less.

In the above figure the rising portion is called “the region of compensation” and this is where the heart usually works. The saturation-after region is called the “fatigue” region and this occurs if the the ventricle is over filled.

The Frank-Starling law is drawn from experimental results. However the two models that we have presented above can also be used to obtain the same law. If norepinephrine is applied then S increases and this corresponds to an increase in SLS in the second model and an increase in E_{lv} max in the Ursino model.

2.3. The complete process – the overall behavior



We have used the Ursino model with $R_{la} = 25e-3$ mmHg.s/ml to understand the overall behavior of the ventricle. Results of the simulations are

a) For $P_{vp} = 7$ mmHg and $T = 0.8$ s

P_{sa}	V_d	V_r	V_s	C.O.
65	105.24	38.9	66.34	4975.5
75	106.2	42.35	63.85	4788.75
85	107.15	45.8	61.35	4601.25

95	108.15	49.3	58.85	4413.75
105	109.1	52.9	56.2	4215
115	110.1	56.5	53.6	4020
125	111	60.1	50.9	3817.5

b) For $P_{sa} = 95$ mmHg and $T = 0.8s$

Pvp	Vd	Vr	Vs	C.O.
3	66.7	49.3	17.4	1305
5	84.45	49.3	35.15	2636.25
7	108.1	49.3	58.8	4410
9	125.6	49.3	76.3	5722.5
11	140.9	49.4	91.15	6836.25
13	154.2	49.4	104.8	7860

c) For $P_{vp} = 7$ mmHg and $P_{sa} = 95$ mmHg

HR	T	Vd	Vr	Vs	C.O.
65	0.92	114	49.3	64.7	4205
75	0.8	108.15	49.35	58.8	4410
85	0.706	101.75	49.4	52.35	4450
95	0.63	95.4	49.4	46	4370
105	0.57	89.7	49.4	40.3	4231
115	0.52	84.6	49.45	35.15	4042

As seen from the above tables as P_{sa} is increased, while other parameters are kept constant, V_s and C.O. decrease as is the case with the Frank-Starling law. Basically against a larger after-load the ventricle cannot empty as much. As V_s decreases V_r increases and V_d also rises slightly as the ventricle fills more starting from a larger V_r .

If P_{vp} , the pre-load, increases, while other parameters kept constant, V_s and C.O. increase. This happens mostly by an increase in V_d because the ventricle fills more with an increased pre-load. An increase in V_d causes an increase in V_s which is also in accordance with the Frank-Starling law.

If the pre-load and the after-load are kept constant while T is decreased we observe that V_d decreases and also V_s decreases. This is so because with decreased T , T_d decreases more so than T_s and the filling time is less. A less filled ventricle empties less of course, again in accordance with the Frank-Starling law. Note that as V_s decreases C.O. increases first because the heart rate is increasing. However with very small heart periods V_d decreases so much that the increase in heart rate cannot compensate for the decrease in V_s , and the C.O. decreases.

If $R_{la} = 2.5e-3$ mmHg.s/ml is used the fall in CO is not observed in the physiological HR range. If $R_{la} = 10e-3$ mmHg.s/ml is used the fall in CO begins approximately at 125 beats per second which is a more realistic situation (see the solution of the 2nd problem in HW8).